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Backpackers Club



I operate as part of a Hercules crew in Afghanistan and have been involved with securing the stretchers of our badly injured troops in the aircraft. Due to an injury, I have been rehabilitated at Headley Court alongside the same injured troops and been humbled at the sight of them adjusting to life with false limbs. These experiences have spurred me on to raise money for the charity.

Part of my rehabilitation was walking so I explored the beautiful Malvern Hills. I soon devised a route from Bromesberrow to Great Malvern and in 2009, 100 walkers joined me and raised £7000. Last year, we had 225 walkers and raised £21,000. I have attached a photo of the cheque being presented to the founders; Bryn and Emma Parry.

The walk starts at and passes through the lovely Bromesberrow Estate, courtesy of the owner Dr Gilbert Greenall. It is split into nine sections, most of which have a choice of a hard path over the high ground and an easier, flatter path. Around half way is the Malvern Hills Hotel, which is a great stop off point and the start of the short walk. Everyone then heads back to Great Malvern, where we present a medal and have post walk refreshments and entertainment at the Mount Pleasant Hotel.

Would you like to join us on this challenging walk and help raise money for our injured troops? Please reply and we can give you more details. Also check out www.events4h4h.org.uk.

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Dave Lewis
Oxfordshire Coordinator (Volunteer)
Help for Heroes

